

Name: _____

Date: _____

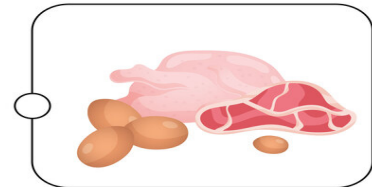
PROTEIN FOOD

Direction: Match the food with its nutritional content by drawing a line!

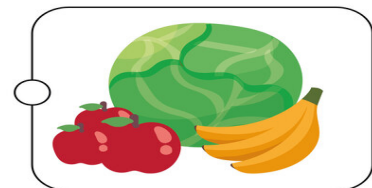
I should eat these to
strengthen my bones



I should eat these
for my health



I should eat these
for energy



I should eat these
to help me grow

