Name :	D	ate :
Hone	esty in Rec	covery
1. How has being honest with	ourself and others helped your	recovery?
2. What are the obstacles that p	orevent you from being complete	ely honest?
3. How do you encourage your	self to have open communication	n and honesty with others?
		•••••
4 XA7h -t: G1	4h - 4 : : : : : : : :	1:C-2
	s that can improve honesty withi	
Personal	Professional	Social