

Name :

Date :

# GROUP COUNSELING SESSION WORKSHEET

Discuss each question openly with your group. Write down key insights and support each other throughout the session

## GROUP MEMBERS

*List the names of all participants in this session*

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## PROBLEM IDENTIFICATION

*What is the main issue being addressed?*

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## ACCOUNTABILITY

*Who might be responsible for this issue? Why?*

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## POSSIBLE SOLUTIONS

*What are some effective ways to resolve this problem?*

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## AVOIDING PITFALLS

*What behaviors could make the problem worse?*

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