
Name :

Date :

GROWING FOOD AT HOME

Many popular produce items can be easily and inexpensively grown at home, either right in the ground or in a container garden (plants in pots).

Greens like lettuce, arugula, and spinach grow very well when you plant the seeds directly into the soil. So do any kinds of beans, as well as cucumbers and both summer and winter squash. Many backyard gardeners purchase transplants of things which take longer to mature and produce fruit, such as tomatoes, peppers, and eggplants. Transplants means that the seeds are planted in small containers during the later winter months, indoors under grow lights or in a greenhouses.

The young plants are then shipped to garden centers where they can be purchased by home gardens and planted, where they will finish growing and produce fruit. Backyard gardening is a fun, healthy, and economic activity.

1. What is a container garden?

2. What are the two different ways you can get vegetable plants to grow in your backyard?

3. Circle which vegetable(s) are easy grow from seed.

a. lettuce b. tomatoes c. squash

4. Circle the vegetable(s) often bought as transplants.

a. arugula b. eggplant c. beans
