

Name:

Date:

Drugs and the Brain

Addiction is a serious issue, but help is always available.
Use this worksheet as a guide to understand addiction and its impact on the brain.
Try to talk to a professional and search for the terms related to addiction to gain
a better understanding.

These are the parts of the brain impacted by addiction. Explain their function.

Prefrontal Cortex	
Amygdala	
Nucleus Accumbens	

What are some activities that help in neuroplasticity?

Write three self-care goals for yourself.

Define the Reward System in your own words.