

Name:

Date:

Career Planning

Activity	Instructions	Student Notes
Self-Assessment	List three strengths and three areas you'd like to improve.	
Dream Jobs	Write down three careers you find interesting and explain why they appeal to you.	
Skills Inventory	Think about the skills needed for each dream job and check which skills you already have.	
Interview a Professional	Interview a family member or friend about their career. Write down 2-3 things you learned.	
Career Research	Choose one career to research. Write down the typical responsibilities, required education, and skills.	
Career Matching	Match your strengths and interests with potential careers. Write down a few careers that align.	
Short-Term Goals	Set three short-term goals to help you explore your chosen careers (e.g., shadowing, reading books).	
Long-Term Goals	Set three long-term goals for high school to help prepare you for these careers.	
Reflection	Write a paragraph about what you learned from these activities and how it changed your perspective on careers.	