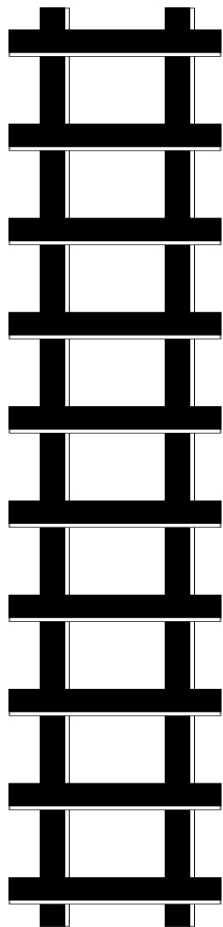# GOAL LADDER

Name: | Date:

My Goal:

	Time Frame	Steps to Complete Goal
☐		
☐		
☐		
☐		
☐		
☐		
☐		
☐		
☐		