Name:) Date:

Daily Prayer Guided

Morning Prayer:	
Dear Father, thank you for today. Please help me withand guide me to show love to Amen.	
Noon Prayer:	
Jesus, thank you for today. Help me with and give me strength. Amen.	
Evening Prayer:	
God, thank you for Forgive me for and help me rest well. Amen.	

Reflection Questions:

How did God help me today? Who did I show kindness to today?