Cross Country Navigation Log Spreadsheet																				
Aircraft Number	N	Notes																		
Check Points (Fixes)	VOR	Course (Route)	Altitude	Wind		CAS	TC	TH	МН		Dist.	GS	Time Off		GPH	Air	rport & ATIS Advisorie		es	
	Ident			Dir.	Vel.		10	IH	MH	СН	Leg	Est.				Departure			Destination	
	Freq.						-L / +R	R -E / +W Var.	± Dev.		Rem.	Act.	ETE	ETA	Fuel		ATIS (Code		
				Tei	mp	TAS	WCA						ATE	ATA	Rem.		Ceiling &	Visibility		
																	Wi	nd		
																	Altimeter			
																	Appro	oach		
																	Run	Runway		
																	Time Check			
																Airport Frequencies				
																Depo	parture D		tination	
																ATIS		ATIS		
																Ground		Approach		
		1														Tower		Tower		
																Departure		Ground		
																CTAF		CTAF		
																FSS		FSS		
																UNICOM		UNICOM		
																Field Elev		Field Elev		
									T	otals »						Block In		Log	Time	
Flight Plan and Weather Log on Reverse Side													Block Out							