

Goal Setting

for Couples

Name: _____

Date: _____

Both partners should fill out each question.

Personal Goal Idea(s)	Social Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Adventure Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Enrichment Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Physical Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Household Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Spiritual Goals	Personal Goal Idea(s)
Personal Goal Idea(s)	Financial Goals	Personal Goal Idea(s)