

Mental Health

Please use accurate terminology as suggested. Mark me the accuracy of the following words... your teacher will check with you.

1. Depression
2. Anxiety
3. Schizophrenia
4. Bipolar Depression
5. Early Onset Disorder
6. Stress
7. Lack of Confidence

Exercise: Write mental health:

When people say words like "I don't feel good"

They might be using words that describe a physical illness or a mental health problem. The words they use can help us understand what they are feeling. Some words that describe mental health problems are: depression, anxiety, schizophrenia, bipolar depression, early onset disorder, stress, and lack of confidence.

Some people use words like "I don't feel good" to describe a physical illness or a mental health problem.

Some people use words like "I don't feel good" to describe a physical illness or a mental health problem. Some people use words like "I don't feel good" to describe a physical illness or a mental health problem. Some people use words like "I don't feel good" to describe a physical illness or a mental health problem.

The report found that people who have a mental health problem often use words like "I don't feel good" to describe their feelings. Some people use words like "I don't feel good" to describe a physical illness or a mental health problem. Some people use words like "I don't feel good" to describe a physical illness or a mental health problem.