

Emotions - Feelings Word Vocabulary

Emotion							
Intensity	Happy	Sad		Angry		Scared	Confused
Strong	ecstatic elated energized enthusiastic excited exuberant jubilant loved marvelous terrific thrilled uplifted	crushed defeated dejected depressed devastated disgraced drained exhausted helpless hopeless hurt rejected terrible unloved unwanted discarded	sorrowful uncared for worthless wounded burdened condemned demoralized deserted distraught empty grievous humbled miserable mournful pitiful	abused betrayed enraged furious hateful hostile humiliated incensed outraged pissed off rebellious repulsed seething strangled vengeful	exploited fuming mad patronized repulsed spiteful throttled used vindictive	afraid appalled desperate dread fearful frantic horrificed intimidated overwhelmed panicky petrified shocked terrified tormented vulnerable	baffled bewildered constricted directionless flustered stagnant trapped
Mild	admired alive amused appreciated assured cheerful confident delighted determined encouraged fulfilled grateful gratified joyful justified optimistic proud relieved resolved respected valued	ashamed despised disappointed discouraged disheartened disillusioned dismal distant distressed inadequate isolated lonely neglected slighted unappreciated upset	abandoned alienated degraded deprived disturbed drained islanded resigned slighted wasted	agitated annoyed controlled disgusted exasperated frustrated harassed infantilized irritated offended peevied resentful ridiculed smothered stifled	aggravated anguished cheated coerced deceived dominated provoked	alarmed apprehensive axed defensive guarded insecure shaken skeptical startled stunned suspicious tense threatened uneasy	ambivalent awkward disorganized doubt foggy hesitant misunderstood perplexed puzzled torn troubled
weak	content flattered fortunate glad good hopeful peaceful pleased relaxed satisfied	apathetic bad deflated disenchanted lost sorry		dismayed displeased tolerant uptight		anxious concerned doubtful impatient nervous perplexed reluctant shy timid unsure	bothered distracted surprised uncertain uncomfortable undecided unsettled unsure